

**PARENT EDUCATION AND SUPPORT SERVICES**

TYPE OF SERVICE	AGENCY NAME	PROGRAM NAME	ONGOING PROGRAM Y/N	DESCRIPTION/SYLLABUS
Child Care Subsidy Assistance	contact Choices for Children subsidy staff 541-5848	Centralized Eligibility List	Yes	Utilizes state and federal funding to provide parents with financial assistance for childcare. The C.E.L. is ONE LIST that connects families to subsidized childcare and development programs throughout El Dorado County.
Child Care Subsidy Assistance	El Dorado Co. Ofc. Of Ed. Tahoe Center 543-8200	Child Care Subsidy Program	Yes	Provides low income families with childcare assistance.
Child Care Subsidy Assistance	El Dorado Co. Dept of Human Services 573-3273	Child Care Subsidy Program	Yes	Provides Calworks & Cal-Learn families with assistance for child care.
Child Care Subsidy Assistance	Al Tahoe CDC 544-4813	Child Care Subsidy Program	Yes	Provides low income families with childcare assistance.
Child Care Subsidy Assistance	Lake Tahoe CDC 541-5887	Child Care Subsidy Program	Yes	Provides low income families with childcare assistance.
Child Care Subsidy Assistance	UTMPT 541-4848	Child Care Subsidy Program	Yes	Provides a subsidized state preschool program.
Child Care Subsidy Assistance	Al Tahoe Headstart 541-0284	Child Care Subsidy Program	Yes	Provides subsidized early education program.
Child Care Subsidy Assistance	Al Tahoe Preschool 541-0284	Child Care Subsidy Program	Yes	Provides a subsidized state preschool program.
Child Care Subsidy Assistance	Al Tahoe Infant/Toddler Ctr. 541-3728	Child Care Subsidy Program	Yes	Provides subsidized early education program.
Child Care Subsidy Assistance	Bijou Headstart 544-6891	Child Care Subsidy Program	Yes	Provides subsidized early education program.
Child Care Subsidy Assistance	Bijou State Preschool 544-6891	Child Care Subsidy Program	Yes	Provides a subsidized state preschool program.
Child Care Subsidy Assistance	Tahoe Center Headstart 543-8200	Child Care Subsidy Program	Yes	Provides subsidized early education program.
Child Care Subsidy Assistance	Tahoe Center State Preschool 543-8200	Child Care Subsidy Program	Yes	Provides a subsidized state preschool program.
Child Care Subsidy Assistance	Tahoe Montessori 544-1818	Child Care Subsidy Program	Yes	Provides a subsidized state preschool program.
Child Care Subsidy Assistance	Tahoe Valley State Preschool 543-2350	Child Care Subsidy Program	Yes	Provides a subsidized state preschool program.
Child Care Subsidy Assistance	LTCC 541-4660 x288	Child Care Subsidy Program	Yes	Provides subsidized child care for college students
Child Care Subsidy Assistance	Family Resource Center 542-0740	Free childcare	Yes	Free childcare provided while utilizing their services.

Childbirth Education	Barton University 543-5747	Childbirth Education	Yes	Provides information on proper nutrition, infant feeding and the birthing process. Classes are free call for session dates.
Childbirth Education	Choices for Children contact Nadine 541-5848	Infant Massage	Yes	A series of FREE Infant Parent Massage workshops for children birth through 9 months. This provides parents and opportunity to bond with their children through Healthy touches, and learn strokes that will benefits their baby's health and development. Call for next series dates.
Childbirth Education	Barton University 543-5859	Boot Camp for Dads	Yes	Workshop for first time fathers.
Childbirth Education	La Leche League 577-8330 contact Beth	Breastfeeding	No	Provides only self help over the phone. The league is currently not holding any meetings.
Childbirth Education	WIC 573-3491	Prenatal Nutrition	Yes	Meets once monthly, a one time class to discuss the importance of proper nutrition while pregnant.
Childbirth Education	WIC 573-3491	Breastfeeding	Yes	Meets once monthly, a one time class to discuss skills for successful breastfeeding.
Childbirth Education	El Dorado County Public Health Dept. Contact Josefina 573-3165	Maternal Child Adolescent Health	Yes	Assist & support for breastfeeding and other maternal issues. Call for assessment to get a referral. No fees.
Clothing Assistance	Hope Lutheran Church 541-1975 contact Amanda	Clothing Giveaway	Yes	Once yearly during the summer the church organizes a clothing giveaway must call for location each year.
Clothing Assistance	Lake Tahoe Christian Fellowship 544-4357	Clothing Giveaway	Yes	Free clothing every Sunday 3-4 pm must show ID.
Clothing Assistance	St Theresa's Catholic Church 544-3533 contact Beverly	Xmas Coat Giveaway	Yes	Provides new warm coats to families.
Clothing Assistance	Choices for Children 541-5848 contact staff	Clothing Giveaway	Yes	Provides children's clothing free of charge to needy families.
Clothing Assistance	Family Resource Center 542-0740	Clothing Giveaway	Yes	Provides free clothing once monthly.
Clothing Assistance	SLT Women's Center 544-2118	Clothing Giveaway	Yes	Every Wednesday from 10am - 2pm clothing for women and children giveaway.
Clothing Assistance	SLT Women's Center 544-2118	Clothing Vouchers	Yes	Provides \$20 clothing vouchers to the Attic twice yearly to families.
Clothing Assistance	The Attic 541-3378	Thrift Store	Yes	Can purchase used clothing for a low price.
Clothing Assistance	Christmas Cheer 542-4934 contact Wilma Thomas or Joanne Shope	Clothing	Yes	Must be referred by social services agency to receive food and clothing.
Computer Education	South Lake Tahoe Public Library contact 573-3185	Free Computer Classes	yes	To help understand basic computer skills for everyday use. This is a 3 part series call for session dates.

Computer Education	Family Resource Center contact 542-0740	Community Learning Center	yes	Full service computer lab available from 10am-2:30pm Mon-Fri . No cost
Counseling Services	Tahoe Helping Hands, contact Lori Zoval 541-4263	Holly's Place	Yes	Retreat location for women and their caregivers who have been diagnosed and/or disabled by a terminal or long term illness. Offered are workshops, group support and networking.
Counseling Services	Hope Lutheran Church 541-1975 contact Joel Martyn	Spiritual and Family Counseling	Yes	Must call for an appointment. Does not charge a fee.
Counseling Services	SLT Women's Center 544-2118	Parenting Classes	Yes	Covers child development, behavior problems, stress and, communication management. Tues from 12:00-1:15 for 12 weeks. \$15 per 12 week session.
Counseling Services	SLT Women's Center 544-2118	Batterers Intervention & Treatment for Men	Yes	Helps perpetrators understand the domestic violence cycle.
Counseling Services	SLT Women's Center 544-2118	Batterers Intervention & Treatment for Women	Yes	Helps perpetrators understand the domestic violence cycle.
Counseling Services	SLT Women's Center 544-2118	Individual Counseling	Yes	Counseling for domestic & sexual abuse.
Counseling Services	SLT Women's Center 544-2118	Anger Management for Teens	Yes	Helps teens deal with anger issues ages 14-17 years.
Counseling Services	SLT Women's Center 544-2118	Support Group for Women	Yes	Tuesdays 3:30-4:30pm(drop-ins welcome) A support group to provide and opportunity to connect with other women in your community going thru the same situations. A therapist will introduce topics on healthy realtionships, healing empowerment and give you an opportuniyt to participate in discussion.
Counseling Services	SLT Women's Center 544-2118	Domestic Violence Program	Yes	Helps survivors deal with crisis & explore options & assess their situation.
Counseling Services	SLT Women's Center 544-2118	Domestic Violence Support Group	Yes	Learn aspects of healthy relationships & enhance self-esteem
Counseling Services	SLT Women's Center 544-2118	Parenting Classes	Yes	Covers child development, behavior problems, stress and, communication management. Tues from 12:00-1:15 for 12 weeks. \$15 per 12 week session.
Counseling Services	SLT Women's Center 544-2118	Young Parents Program	Yes	Provides weekly support group for teen parents and parents to be. Meets at Mt. Tallac@STHS Mondays 11:00-12:30
Counseling Services	Family Resource Center 542-0740	Individual & Family Counseling	Yes	Provides counseling services for members of their programs. There are no fees.

Counseling Services	St Theresa's Catholic Church contact Colleen 544-8911	Parish Counselor	Yes	Marriage & Family Therapy counseling. She has five pro-bono consults when available. Otherwise fee is \$100/hr
Counseling Services	Tahoe Youth & Family Services 800-870-8937	24 Hour Crisis Counseling	Yes	Provides information, direction and support for children, youth & parents.
Counseling Services	Tahoe Youth & Family Services 541-2445 contact Alissa Nourse	Certified Substance Abuse Counseling	Yes	A continuum of out-patient intervention treatment & aftercare services. Fee based on sliding scale.
Counseling Services	Tahoe Youth & Family Services 541-3310	Tahoe Straight Talk	Yes	Provides pre-recorded message re drugs, alcohol, parenting and emotional problems. Must pick up a brochure from TYFS.
Counseling Services	Tahoe Youth & Family Services 541-2445	Professional Youth & Family Counseling	Yes	Helps children, teens & parents identify problems, set priorities and find solutions. Fee based on sliding scale.
Counseling Services	Tahoe Youth & Family Services 541-2445	Adolescent Recovery Group	Yes	Weekly support group for teens to help maintain sobriety. Must be referred to program. Fee based on sliding scale.
Counseling Services	Tahoe Youth & Family Services 541-2445	MHSA Wraparound Services Program	Yes	This is a strength based, family focused, suport service aimed at reducing the risk of out of home placement of a child.
Counseling Services	Tahoe Youth & Family Services 541-2445	Juvenile Treatment Center	Yes	One on one and group substance abuse counseling to youth as part of their court orded recovery program.
Counseling Services	Tahoe Youth & Family Services 541-2445	Drop-in Resource Center	Yes	Offers youth ages 13-24 an opportunity to get "Recharged, Resources & Respect. They offer tokens for laundry, showers, food, shelter and resources for employment.
Counseling Services	Tahoe Youth & Family Services 541-2445	Mentor Program	yes	Children ages 4-18 of an incarcerated parent are matched with a trained mentor for a one on one relationship. The goal is to provide these children and their families with connections to resources in our community.
Counseling Services	Tahoe Youth & Family Services 541-2445	Street Outreach Program	Yes	Youth and Adult teams provide education, outreach and referrals to local youth.
Counseling Services	Sierra Recovery Center 541-5190 contact - Deb Redmon	Alcohol & Drug Treatment Programs	Yes	Provides individualized in & out patient treatment for substance abuse. There are fees for the program.
Employment Services	El Dorado County Dept of Human Services contact 573-3273	CalWorks	Yes	Yes
Employment Services	El Dorado County Dept of Human Services contact 573-3273	CalLearn	Yes	Assist pregnant and parenting teens to obtain an education for employment.

Employment Services	Alpine/El Dorado Co. Connections 573-4330	Job One	Yes	Provides workforce preparation services.
Financial Aid	El Dorado County Dept of Human Services contact 573-3200	County General Assistance Program	Yes	Repayable program to assist adults with funding to help them meet their basic needs.
Financial Aid	El Dorado County Dept of Child Support Services contact 573-3455	Dept of Child Support Services	Yes	Assist families with the collection of court ordered child support payments.
Financial Aid	Barton Hospital Financial/Charity Assistance	Financial Aid/Charity Assistance	Yes	For assistance with your Hospital account contact Patty Fischer @ 530-543-5868. For Assistance with your Physician account contact Barton Customer Service @530-543-5659
Food Assistance	Choices for Children 541-5848 contact Carol	Child Care Food Program	Yes	Provides reimbursement to CC facilities & License exempt providers for food served to children in their care.
Food Assistance	WIC contact 573-3491	WIC	Yes	Provides vouchers for food during pregnancy and for children birth to age 5.
Food Assistance	El Dorado Co. Dept of Human Services 573-3200	Food Stamps	Yes	Provides vouchers for food assistance.
Food Assistance	Lake Tahoe Christian Fellowship 544- 4357	Love Your Neighbor	Yes	Provides food and clothing every Sunday from 3-4 pm.
Food Assistance	Tahoe Community Church 775-588- 5860	Food Program	Yes	Provides food for needy on Fridays from 3- 4:30pm.
Food Assistance	Sierra Community Church 544-7055	Food Program	Yes	Provides a hot meal and a bag of food every Weds. From noon -1pm.
Food Assistance	St Theresa's Catholic Church 544- 3533 contact Beverly	Bread & Broth	Yes	Provides hot meal, groceries and bus tokens Mondays at 4pm. Additional food distribution on Tues & Fri 1:30-3:00pm.
Food Assistance	St Theresa's Catholic Church contact Sue Davis 544-4788	Christmas Food Giveaway	Yes	Provides customized food basket for a Christmas dinner and a gift basket for children.
Food Assistance	Family Resource Center 542-0740	Food Program	Yes	Bread distribution all week noon-5pm, commodities 2nd Fri of month 11-1pm.
Food Assistance	SLT Women's Center 544-2118	Emergency Food	Yes	Provides non-perishable food to individuals twice yearly.
Food Assistance	Christmas Cheer 542-4938 contact Wilma Thomas or Joanne Shope	Food & Clothing	Yes	Must be referred by social services agency to receive food and clothing.
Food Assistance	LTUSD 541-2850	Free Lunch Program	Yes	Eligible families may receive free or reduced price meals while in school.
Health Care Coverage	Greater Sierra Insurance 530-542- 2757	Health Insurance	Yes	Provides a variety of options for health care insurance to purchase.

Health Care Coverage	Choices for Children contact Nadine 541-5848	Healthy Families	yes	Provides assistance to families to apply for the Healthy Family Plan health insurance. Fees based on income.
Health Care Services/Education	El Dorado Co. Dept of Public Health contact Gina Moros 530-621-6125	Child Passenger Safety Seat Education	Yes	Provides care seats at a low cost with mandatory education of proper installation and use of car seat.
Health Care Services/Education	El Dorado Co. Dept of Public Health contact Josefina Solano 573-3165	Child Health & Disability Prevention Program	Yes	Medical providers conduct preventative health care screenings. Must meet income guidelines and call for a referral.
Health Care Services/Education	El Dorado County Dept. of Public Health 573-3155	Family Planning Services	Yes	Family planning services and well child exams. Monday - Friday 8-5pm
Health Care Services/Education	Planned Parenthood @ Tahoe Youth & Family Services	Planned Parenthood - MarMonte	Yes	Clinic services include: pregnancy testing, birth control, STD & HIV testing and the morning after pill. Tuesdays 1-4pm and Fridays 10am-4pm. Please call for appointment 530-581-3174
Health Care Services/Education	El Dorado Co. Dept of Public Health contact Josefina Solano 573-3165	Community Based Public Health Nursing	Yes	Public Health nurses assist individuals & families with health care concerns. Call for referral of services.
Health Care Services/Education	El Dorado Co. Dept of Public Health 573-3144	Immunization Program	Yes	Nurses provide free to low cost immunizations for children. Mon-Fri @ Health Dept. 8-5pm.
Health Care Services/Education	El Dorado County Dept of Human Services contact 573-3200	Medi-Cal	Yes	Provides medical services for children and adults on limited income.
Health Care Services/Education	Barton Community Clinic contact 543-5623. Also spanish speaking	Community Clinic	Yes	Mon- Fri 8:30-5pm. Family practice healthcare services for those either underinsured or without insurance.
Health Care Services/Education	Barton Memorial Hospital contact Cindy 543-5537	Health Resource Center	Yes	Provides resources to better understand health issues. They also have a lending library.
Health Care Services/Education	Sierra Foothills AIDS Foundation - contact Maxine Alper 530-542-2991	Medical Case Management	Yes	Provides services to people with HIV/AIDS & their families. Help to Coordinate medical & educational services.
Health Care Services/Education	Barton University 543-5747	Community Health Education	Yes	Offers a variety of courses for the community. Including Community CPR and First Aid.

Health Care Services/Education	El Dorado County Community Health Center 530-621-7700 ( the clinic is located in Placerville.)	El Dorado County Community Health Center	Yes	Offers health care to people of all ages, regardless of your ability to pay or not. They also accept insurance, medicare and medical. They have a referral system for other health care services as well as health care advocates. You must call for an appointment to become an established patient to use services. ( They hope to offer dental care by the year 2009.) Hours of operation M_F 8:30 -6 pm and Sat. 9am- noon.
Housing Issues Assistance	City of South Lake Tahoe contact 542-7417	Housing Issues	yes	Deals with complaints regarding home or apartment rentals.
Legal Services	Superior Court of Calif., El Dorado Co. contact Julie Bachman 573-3069.	Legal Services of No. California	Yes	Provides information referrals & legal forms along with help to prepare legal forms. Drop in on: Tues 8:30-12:30, Thurs. 9:00am -3:00pm and every Friday except the first one of the month 8:30-12:30
Legal Services	Legal Services of No. California	Toll Free number for advice	Yes	800-660-6107
Legal Services	Family Resource Center 542-0740 contact Julie Bachman	Legal Advice	Yes	Free legal advice by appt. only
Legal Services	SLT Women's Center	Legal Representation	Yes	Must meet with an advocate to qualify for assistance. Fees based on sliding scale.
Literacy Assistance	South Lake Tahoe Public Library contact 573-3185	"Lets Read Together"	yes	In partnership with first 5 a storytime with a free activity booklet. Workshop for Parents. Call library for dates and time.
Literacy Assistance	South Lake Tahoe Public Library contact Barbara Paines 621-5723	Literacy Tutoring	yes	Assistance with help to learn to read, write and speak English.
Literacy Assistance	Family Resource Center 542-0740	ESL	Yes	English classes offered for students of all levels. Mon- Thur 9am-noon.
Literacy Assistance	Lake Tahoe Community College contact Maxine Alper 530-541-4660 x439	ESL/GED	Yes	English as a second language offered at 3 different locations Al Tahoe, LTCC & Family Resource Center. There are no fees for class.
Mental Health Services	El Dorado County Mental Health 573-3251	Mental Health Assistance for Children & Adults	Yes	Call for intake & assessment appt. Fees based on sliding scale.
Mental Health Services	Family Resource Center 542-0740 contact Teresa Ramirez	Latino Engagement	Yes	Provides mental health services and depression groups. This is specifically for the Latino community. No fees.
Mental Health Services	Tahoe Youth & Family Services 541-2445	Wraparound Services for Youth & Families	Yes	Call for assessment & referral. No fees.

Mental Health Services	NAMI -National Alliance on Mental Illness - contact Diana Hankins 577-4740	Support Group for family members with mental illness	Yes	Contact Diana Hankins for locations and times.
Mental Health Services	NAMI -National Alliance on Mental Illness - contact Diana Hankins 577-4740	Family to Family Education	Yes	12 week course for family members of those with mental disorders. There is no charge for the materials to attend the class.
Parenting Classes	Collaboration with Family Resource Center, SLT Women's Center & Tahoe Youth and Family Services	Steps to School	Yes	Families enroll in a 4-6 week session which includes, weekly home visits from family advocates, weekly gatherings which include dinner, parent support group and information on positive parent - child interaction to increase school readiness. Contact Laura at the Family Resource Center 530-542-0740 or Antonia at SLT Women's Center at 530-544-2118 or Kay at Tahoe Youth and Family Services for more information and registration dates for sessions.
Parenting Classes	Choices for Children contact Carol 541-5848	Redirecting Children's Behavior	No	The class teaches effective strategies to develop adult/child relationships. Call the office for the next course offering
Parenting Classes	Choices for Children contact Carol 541-5848	Working with Parents	Yes	Learn how to successfully share knowledge to enhance your Child's daily experience while in care. This class is take home study packets only.
Parenting Classes	Choices for Children contact Carol 541-5848	The Early Months	Yes	How babies learn and what you can do to make the most of it. This class is take home study packets only.
Parenting Classes	LTCC contact - registration 541-4660	ECE 100 -Health Safety & Nutrition for Young Children	Yes	Concepts of health safety & nutrition for young children from the prenatal stage through early childhood.
Parenting Classes	LTCC contact - registration 541-4660	ECE 160A Parenting - The Young Child & Family	Yes	Class mandatory for enrollment in TPNS. For parents and caregivers of children ages 2-5 yrs. Topics are on Guidance and Discipline, Communication, Development Issues and Health and Safety.
Parenting Classes	LTCC contact - registration 541-4660	ECE 129 The Exceptional Child	Yes	Helps to recognize forms of special needs.
Parenting Classes	LTCC contact - registration 541-4660	ECE160B Siblings & The Family Environment	Yes	Focus is on parenting multiple children.
Parenting Classes	Choices for Children contact Carol 541-5848	Guidance & Discipline Acknowledging Feelings	Yes	Learn good communication skills that respect children's feelings & help promote trust. This class is take home study packets only.

Parenting Classes	Choices for Children contact Carol 541-5848	Guidance & Discipline Guiding Young Children's Behavior	Yes	Learn new skills for positive discipline This class is take home study packets only.
Parenting Classes	LTCC contact - registration 541-4660	ECE 103 - Child, Family & Community	Yes	Examine the patterns of family living in a modern society.
Parenting Classes	LTCC contact - registration 541-4660	ECE 102 Child & Adolescent Development	Yes	Examine the developmental process of child to adolescent.
Parenting Classes	Choices for Children contact Carol 541-5848	Nutrition: The Picky Eater	Yes	Provides strategies to make sure your child eats properly.This class is take home study packets only.
Parenting Classes	Tahoe Youth and Family Services contact 541-2445	Parenting Group	yes	Meets every Wednesday at 5:30 . Call for location.
Parenting Classes	Contact LTCC Leila Rosner 541-4660 x575-Director or contact Delicia Spees 542-0740 Class held at Family Resource Center	Foster Kinship Care	Yes	Parenting class for Spanish speaking foster parents and kinship care. You do not need to be a foster parent to attend these classes. Also covers drugs, alcohol, domestic violence, abuse prevention and attachment disorder. Year round 5:00-7:30pm 2 days a week every Tues and Weds..(Free childcare available) and dinner is served.
Parenting Classes	Contact Dana Mcknight Flentroy 541-4660x528	Foster & Kinship Care	Yes	Parenting class for English speaking foster parents and kinship care. Also covers drugs, alcohol, domestic violence, abuse prevention and attachment disorder. Call for class dates and times.
Parenting Classes	Sierra Recovery Center 530-541-5190	Parents with Substance Issues	Yes	Focused on parents engaging in recovery and needing parenting skills
Play Groups	Choices for Children contact Rachael 530-694-2129	Play n Learn	Yes	A FREE playgroup for children, birth to five, and their parents or caregivers. Children will enjoy a variety of fun and educational activities and parents or providers will receive information, support, and ideas to use at home. Meets 2 Tuesdays a month from 10:30-12:30 pm. Lunch is provided. Please contact Rachael at Choices for Children for dates.
Play Groups	LTUSD contact Rita McLaughlin 543-2313	Early Intervention Playgroup	Yes	Open to the community and accepts referrals from schools. Provides activity, crafts and education intervention. Ages: birth -36 months

Play Groups	South Lake Tahoe Library contact 573-3185	Storytime	Yes	Held every Friday @ 11:00am Storytelling for children ages 3-5 and crafts projects and games.
Play Groups	South Lake Tahoe Library contact 573-3185	Storytime	Yes	Every Sat. at 11am, 1st Sat. of month is bi-lingual. Stories, games and crafts.
Play Groups	South Lake Tahoe Library contact 573-3185	Mother Goose on the Loose	Yes	0-2 every Thursday at 11:00 am. Nursery Rhymes and movement activities.
Play Groups	South Lake Tahoe Library contact 573-3185	Spanish Storytime	Yes	Children ages 3-8 enjoy stories and arts and crafts. Every Wednesday.
Play Groups	South Lake Tahoe Library contact 573-3185	"Lets Read Together", Storytime	Yes	Family storytime every third Saturday at 11:00 am. Each family will go home with an activity booklet and a new copy of the featured book.
Play Groups	Tahoe Youth and Family Services contact staff 541-2445	Play Therapy	Yes	Therapist work with young children's social and emotional development. As well as resolving early trauma
Play Groups	Tahoe Youth and Family Services contact staff 541-2445	Theraplay	Yes	Works on strengthening bond between parent and child.
Play Groups	SLT Park & Recreation contact 542-6091	Morning Toddler Group	Yes	Gym playgroup for toddlers & preschoolers. Meets Mon & Thur from 10:45-12:55
Play Groups	Douglas Co. Park & Recreation contact 775-586-7271	Tuesday Mornings	Yes	Tues from 9:30-11:00am Drop-in playgroup. Ages birth - 5yrs
Play Groups	Tahoe Tot Spot contact Amy Thompson 541-5994	Mini Gym and Play Center	Yes	Play and Activity Center for babies, toddlers and parents. Check their website for special event times at "tahoetotspot.com"
Play Groups	SLT Park & Recreation contact 542-6091	Parents Night Out	Yes	Drop in program for childcare so parents can have a night out. Friday evening from 6:30-10:00.
Shelter/Housing Assistance	El Dorado County Dept of Human Services contact 573-3490	HEAP	yes	Eligible applicants may receive assistance with heating bills when funding is available.
Shelter/Housing Assistance	El Dorado County Dept of Human Services contact 573-3490	Housing Choice Voucher Program	yes	Provides assistance for rent as funding allows.
Shelter/Housing Assistance	SLT Women's Center 544-2118	Emergency Domestic Violence Shelter	yes	Provides up to 90 days of shelter for women who are victims of domestic violence.
Shelter/Housing Assistance	SLT Women's Center 544-2118	Emergency Domestic Violence Shelter	yes	Provides transitional housing for women of domestic violence.
Shelter/Housing Assistance	Tahoe Youth & Family Services contact 800-870-8937	Emergency Housing for Runaway & Homeless Youth	yes	Provides up to 15 days of shelter for non-system youth age 10-18. No Fee.
Shelter/Housing Assistance	Bijou Woods Apartments contact 544-4070	Rent based on income, accepts section 8	yes	Provides housing for low income families.
Shelter/Housing Assistance	Kelly Ridge Apartments	Low Income Housing	Yes	Address: 1447 Herbert Ave, SLT, CA Phone: 1-866-409-0313

