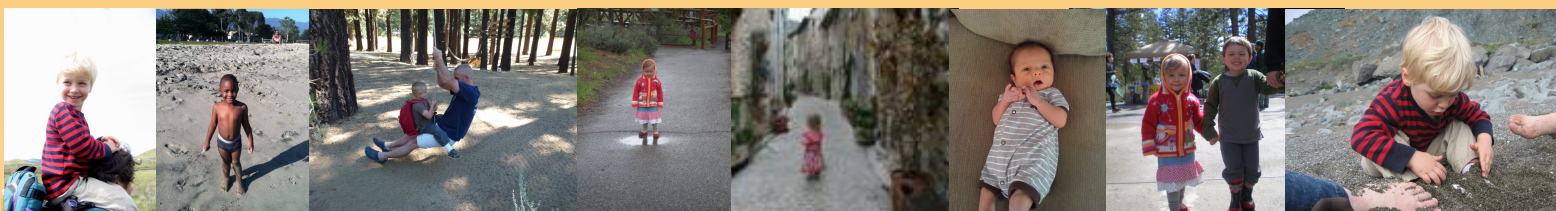


Fall 2011

Choices in care, education, and support.



Important dates

9-3-11 and 9-18-11

CPR / First Aid Trainings.

9-5-11

Office Closed in observance of
Labor Day.

10-12-11 Fall Provider Network
Meeting Environments for Infants/
Toddlers- 6 to 8 pm at the Library.

11-9-2011

Licensing Orientation from 9 am
to 1 pm at CFC. Cost is 25 dollars.
Call Community Care Licensing at
916-263-5744 and CFC to register.

11-12-2011

CPR/ First Aid Trainings.

11-24-11 and 11-25-11

Office closed in observance of
Thanksgiving.

Did you know?

As of July 1, 2011, the new **Family Child Care Home Online Orientation** is available statewide. This means that if you are interested in becoming a Family Child Care Home licensee and you live in California, you now have the option to attend the orientation online rather than in person. The fee for the online orientation is \$30 and must be paid by using either a credit card or a debit card with a Visa or MasterCard logo. For more information on Community Care Licensing Family Child Care Home Online Orientation visit: www.cclcd.gov

AB 2084 affects all licensed child care facilities effective January 1, 2012. The new law requires CCCs and FCCHs to serve only lowfat milk (one percent) or nonfat milk to children two years of age or older (unless the child has a medical necessity documented by a physician).

AB 2084 also requires child care facilities to limit juice to one serving per day of 100 percent juice and serve no beverages with added sweeteners, either natural or artificial. "Beverages with added sweeteners" does not include infant formula or complete balanced nutritional products designed for children. Clean and safe drinking water needs to be available and accessible to children throughout the day.

For information on healthy beverages:

http://www.yaleruddcenter.org/resources/upload/docs/what/communities/EAT_Healthy_NH/Healthy_Beverages_English.pdf

The Visual Arts From High Reach Learning a division of Carson Dellosa Publishing

The unique creativity of a young child is best demonstrated through artistic expressions. We want to nurture and encourage this creative expression in many forms, including the making of art. For young children, it is the process, rather than the product, that offers the opportunity to learn and create. Through art, children learn to take risks and consider different perspectives of and in the world. The expression of joys, fears, or frustrations is therapeutic for children. As children create art, they are problem solving, applying known concepts, and analyzing and synthesizing information. Below are some ways you can develop and refine these valuable skills.

- **Art Sharing** - During an art-sharing time, each child holds up his project and the children in the class talk about his work (describing the shapes or use of exciting tools). Children feel good about what they created, and they like when their peers acknowledge their ideas and work. This sharing process allows children to see and understand that there can be many diverse and correct answers to a problem. Even though each was given similar materials and instructions, each came up with a unique solution that is valued by all.

- **Incorporate Many Art Mediums** - It is important to remember that the process of creating art is more important than the finished product for young children. Provide plenty of opportunities for exploration of materials and tools that stimulate creative thinking: clay, watercolors, sculpture, photography, etc. When the focus is on the process of creating art, children will create what is reflective of their own ideas and experiences.

- **Explore Art in Cultural and Social Contexts** - A young child's world typically consists of him or her self, the family, and the school. At this early age, we should not expect them to have an understanding of history, geography, or cultural beliefs. It is, however, appropriate for them to develop an acceptance of and interest in people and customs different from their own culture. Visual arts provide an opportunity to look at art forms and artists from around the world, allowing children to discover how we differ and to celebrate those differences. Choose artwork for your classroom that represents a variety of peoples and cultures; you will be promoting understanding, tolerance, and inclusion.

- **Valuing Art and Beauty** - Encourage children to discuss what makes a piece of art pleasing to them. Such discussions and diversity of opinion enrich and expand children's knowledge of art.

Tissue Paper & Watercolor Fall Leaves Collage from www.greenartbox.blogspot.com

This activity is developmentally appropriate for school age children. These are cut out tissue paper leaves outlined with a gold marker, and enhanced with just a bit of watercolor paint.



Materials:

1. Draw a Maple Leaf to create a paper template, and traced it on the tissue paper. It helps to cut out several layers at a time. Cut out various sizes and other simple shapes of leaves to make my collage more interesting.
2. Use a glue stick to cover large sections of white card stock paper, and layer the leaves on top.
3. Take a gold Sharpie Poster Paint marker and traced around each leaf, and add some veins inside. Loose tracing is OK as it adds a casual look to the art.
4. Use a generous amount of blue paint to fill in the background, and less to add color inside the leaves.

Providers Can Help Parents Succeed

When a parent enrolls onto the Choices for Children child care subsidy program they present documentation to verify that they are eligible for services. They must meet income guidelines unless referred to the program through Child Protective Services or another legally qualified professional requesting respite care services. They must have a verifiable need for service for each identified adult in the home legally responsible for the child(ren) including work, seeking employment, education/training, medical incapacity, and respite services. If there is only one parent in the home, they must verify the presence or absence of the other parent. A family's income and need for service can change throughout the course of their enrollment and they are responsible to report changes to income, need for services, or family size within five days of the change or risk losing their subsidy.

The majority of parents will report their changes and supply the relevant documentation. Providers are in a position to help the parents remember this responsibility since they see the child and family much more frequently than we do and may be aware of a new job or other change immediately.

Some of the families on the subsidy program may have had their telephone cut off or have failed to pay their PO Box fees. If you are aware of this, please let the subsidy department know – we may need to leave messages with you for the family. If the child of a subsidy family has been absent for more than a couple of days, please inform the subsidy department – hopefully the parent has been in contact with both of us, but without verification or reasons for the absences we are limited in whether we are able to reimburse. Likewise, if the family is informing you of a change in the days per week that they need and you haven't received corresponding paperwork from CFC, please contact our office. We cannot guarantee payment for services that have not been authorized.

We want families that are eligible to receive assistance with their child care to remain eligible so that their children can continue to benefit from high quality child development services. With both parents and providers as active communicators with each other and with the subsidy department we can achieve this goal.

Looking for great professional development opportunities?

CARES Plus Professional Development Program Comprehensive Approaches to Raising Educational Standards – Plus

CARES Plus is a professional development incentive program designed to increase the quality of early learning programs for children 0 to 5 and their families by supporting the education and preparation of an effective, well-compensated, and diverse early learning workforce. The “Plus” represents an emphasis on effective teacher – child interactions and the Classroom Assessment Scoring System (CLASS) observational tool which focuses on Emotional Support, Classroom Organization, and Instructional Support. Early Care providers can earn professional development stipends by taking the core, online, self paced training program and apply for additional stipend options for training or unit bearing coursework. Funding is limited. Please contact Elizabeth Blakemore at 530-295-2312 or elblakemore@edcoe.org for applications or more information

Family Child Care & Support Services

Offers a variety of professional development opportunities for new and existing child care providers that include: incentives for completing training hours, networking through Provider Network meetings and child care conference. For more information contact Carol Ledesma at 530-541-5848 ext. 105

September 3

Viva Valhalla, A Celebration of Tahoe's Latino Culture:10 am – 5pm. Come have some local Latino food and listen to the sounds of Spanish culture and watch the colorful dancing. Admission is FREE.

September 23- 24

Infant Development Association Northern California Conference in Sacramento: Wonder and Resilience of Young Children featuring Alison Gopnik author of the Philosophical Baby. To request a registration catalog e-mail mail@idaofcal.org

November 2-5

NAEYC Early Childhood Conference in Orlando, Florida.
For more information on the conference visit: naeyc.org

For additional early education training schedule in Carson city and Reno regions, visit www.childrencabinet.org or call Jenny Spencer at 775-856-0113. Below is a snapshot of workshops offered:

- ~ Parent and Caregiver Communication-Enhancing Relationships
- ~ Fetal Alcohol Syndrome & Strategies to Engage the Child with Special Needs
- ~ Terrific Toddlers Activities
- ~ Reducing the Risk of SIDS in Child Care
- ~ Infant & Toddler Nutrition - Meeting Their Needs in the Early Years
- ~ Disaster Preparation for the Child Care Setting
- ~ Respiratory Emergencies, Severe Allergic Reactions and Asthma
- ~ Teaching Young English Language Learners
- ~ Unlocking the Mysteries of Positive guidance



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Our mission is to enrich children 's lives through innovative support, education, and enhanced family and provider services. Our programs put families at the center of a community of support services.